

- **Hear the music of Rodgers & Hart.** On Tuesday, June 18 from 10:30–11:30 AM, Andrea Leap, a teaching artist with the MacPhail Center for Music, will perform the music of Rodgers & Hart, who have written some of the most beloved songs of the 20th century. Join us for a fun hour of songs from this duo who made their mark on the Great American Songbook. This free concert will be held in the Newman-Benson Chapel at Lyngblomsten (1415 Almond Avenue, St. Paul, MN 55108). No registration is required. For more information, contact Holly Nelson, Director of Lifelong Learning & the Arts for Lyngblomsten, at (651) 632–5459 or hnelson@lyngblomsten.org.
- **Join Lyngblomsten for Walk with Ease, an evidence-based wellness class.** On Tuesday and Thursday mornings from July 9–August 15, Lyngblomsten Community Services will offer this Arthritis Foundation’s doctor-recommended program that is proven to reduce pain while improving overall health. If you can be on your feet for 10 minutes—even if you use a walker, cane, or other aid—this program is for you! Registration is required by June 30. Space is limited. To register, visit <https://yourjuniper.org/Classes/Register/4447>. Or contact Cyndy Rudolph with Lyngblomsten Community Services at (651) 632–5330 or crudolph@lyngblomsten.org.
- **Support and resources for family and friends in a caregiving role.** The team of Lyngblomsten Community Services is available to help those caring for an older adult navigate the journey, from offering resources and education to support groups and programming. For more information, contact Lisa Brown with Lyngblomsten Community Services at (651) 632–5320 or caregiving@lyngblomsten.org.
- **Looking for transitional care or long-term care?** The Lyngblomsten Care Center, a skilled nursing facility in St. Paul, has openings for those who need transitional care following a hospital stay or who need long-term care. Experience the difference of our person-centered approach and commitment to enhancing the quality of life for all we serve. **For more information**, contact the admissions team at (651) 632–5301 or admissions@lyngblomsten.org.
- **Support the courtyard renovation on Lyngblomsten’s Como Park campus. Construction of a new and improved courtyard is set to begin this summer.**
A capital campaign, *Grounds for Joy!*, is helping to fund the renovation. Find out how you can support this exciting project by visiting www.lyngblomsten.org/groundsforjoy.
For more information, contact Tim Overweg, Executive Director of the Lyngblomsten Foundation, at (651) 632–5319 or toverweg@lyngblomsten.org.

- **Save the date for the Lyngblomsten Foundation Annual Gala on September 26.** Make plans now to join us on the evening of September 26 for this annual event. Look for more information in the months to come.